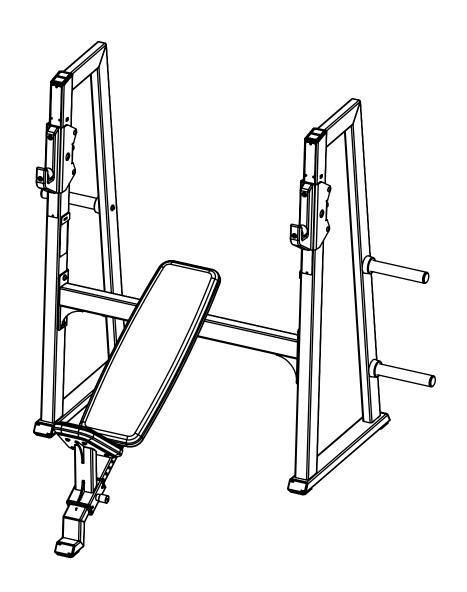
ELEIKO OLYMPIC INCLINE BENCH

Art.no. 3062966, 3062967





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READ BEFORE INSTALLATION AND USE

Install and use this equipment in a place where access and supervision are specifically controlled by the owner.

Be sure to install the equipment on a stable base and level the equipment properly. Eleiko recommends that all equipment is secured to the floor and installed by a licensed contractor or an Eleiko installer.

This equipment is intended for indoor use only.

SAFETY INSTRUCTIONS

It is the responsibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment.

- 1. All included warnings (labels) and instructions MUST be read before the use of any Eleiko equipment. Only use the equipment as it is intended.
- 2. A user MUST get a medical examination and proper instructions before using any Eleiko equipment.
- 3. DO NOT let anyone, under any circumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an Eleiko technician.
- 4. DO NOT replace components of Eleiko equipment with other, none Eleiko, equipment (magnetic safety pin, frames, bars etc.). Do not improvise! If there are any doubts, consult an Eleiko representative prior to any intervention.
- 5. DO NOT overload the equipment and DO NOT try to exceed personal strength levels.
- 6. Children under the age of 14 must be supervised by an adult.
- 7. DO NOT remove any safety labels from the Eleiko equipment. Eleiko is not responsible if a label is removed. Replace damaged labels immediately.
- 8. Eleiko packaging for products an be made of wood. Be aware of splinters! You MUST use protective gloves and proper work wear.
- 9. Eleiko packaging material could be a risk when handling. Be aware of crushing! You MUST use work wear including protective gloves and hard shoes.
- 10. Eleiko products and packing material are heavy, You MUST use proper lifting techniques, work wear and hard shoes.

WARNING LABELS

WARNING

SERIOUS INJURY COULD OCCUR IF THESE PRECAUTIONS ARE NOT OBSERVED

Read all warnings and obtain proper instructions on use of the equipment prior to using.

DO NOT attempt to fix broken or inoperable equipment.

Use the equipment only for its intended use.

Obtain proper instruction and **DO NOT** modify the equipment

Obtain a medical exam before beginning an exercise program.

Stop exercise if you feet faint or dizzy. Consult a physician if you are experiencing pain.

Inspect the equipment before use. **DO NOT** use if equipment appears damaged or inoperable.

Keep body and clothing free and clear of all moving parts

Do not use accessories or attachments not recommended by Eleiko.

The equipment is to be used only under qualified supervision.

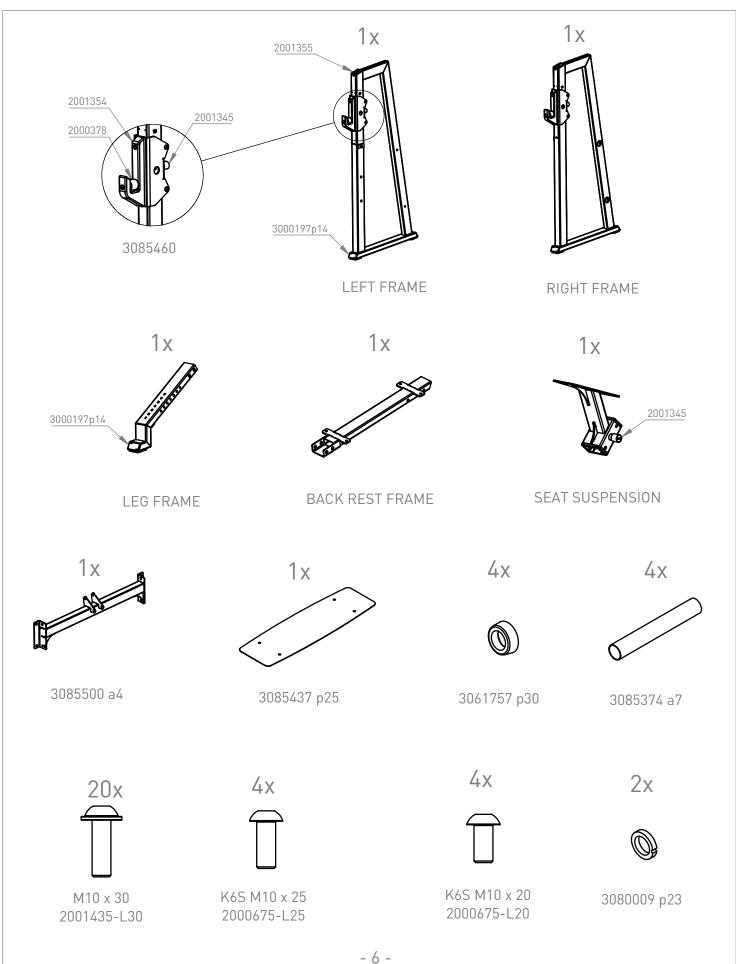
Make sure all equipment is set up and operated on a solid level surface. **DO NOT** use equipment if set up on an uneven or unstable surface.

Children must not be allowed near this equipment. Teenagers must be supervised.

DO NOT REMOVE THIS LABEL

IF DAMAGED CONTACT ELEIKO TO OBTAIN A
REPLACEMENT ASTMF1749

LIST OF COMPONENTS



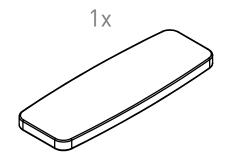
LIST OF COMPONENTS

UPHOLSTERY



OR

OR



BACK REST UPHOLSTERY SKAI LEATHER 2001391

BACK REST UPHOLSTERY POLYURETHANE 2001273



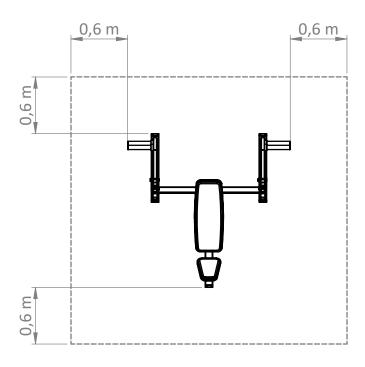
SEAT UPHOLSTERY POLYURETHANE 2001276



SEAT UPHOLSTERY SKAI LEATHER 2001393

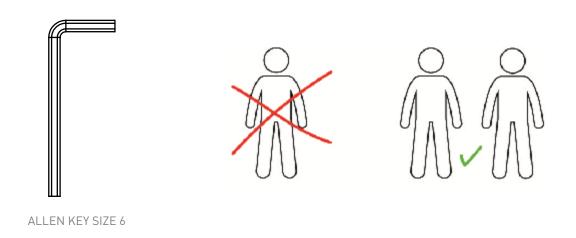
ASSEMBLY INSTRUCTIONS

Before assembly, make sure you have enough clearance on all sides of the equipment, not less than 0,6 meters. Take in account the accessibility to remove and replace bar and weights.

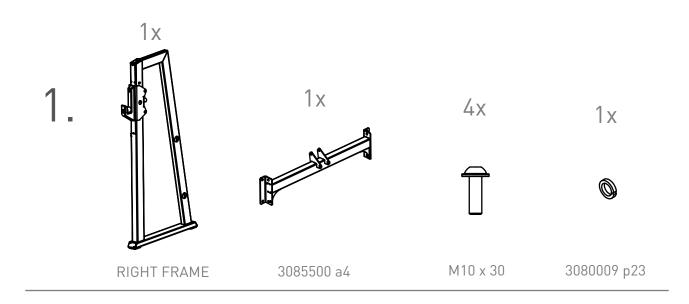


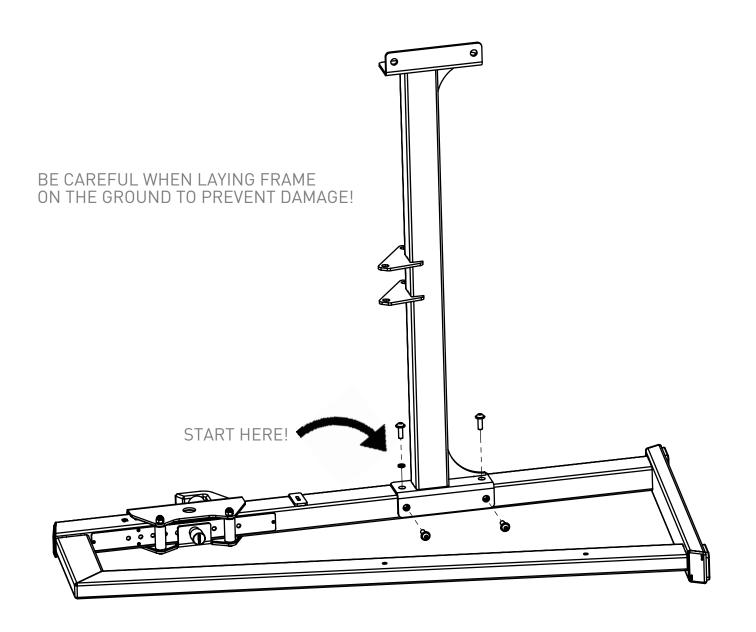
TOOLS NEEDED

You need the following tools to assemble the equipment.

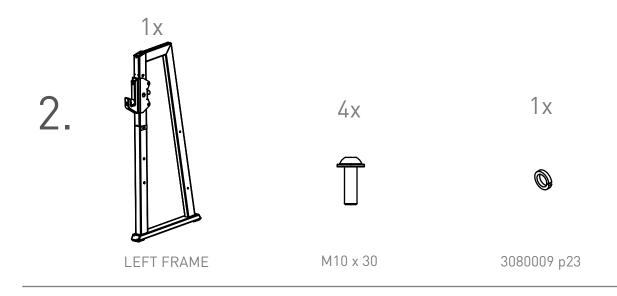


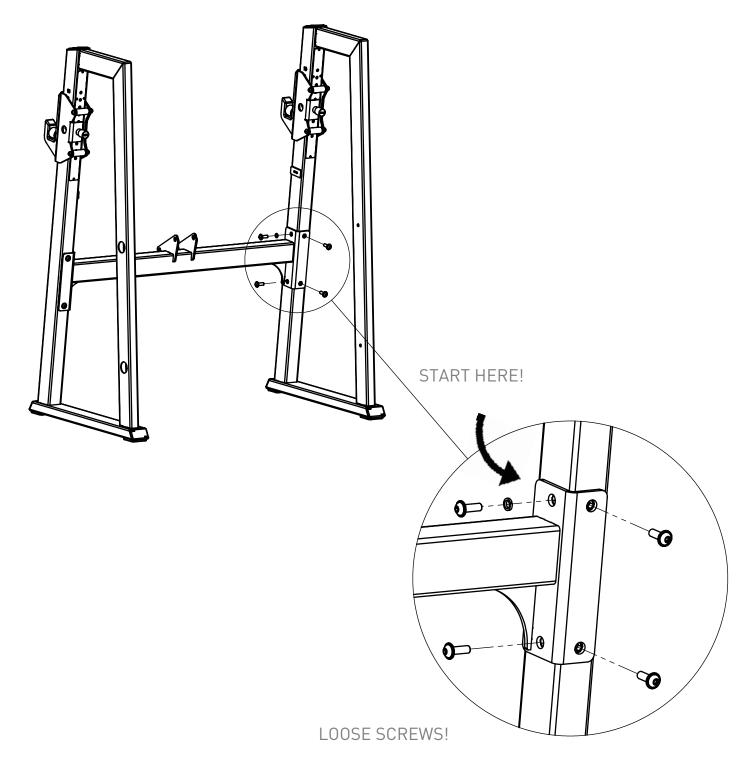
NOTE: Do not use electric power tools for assembly.

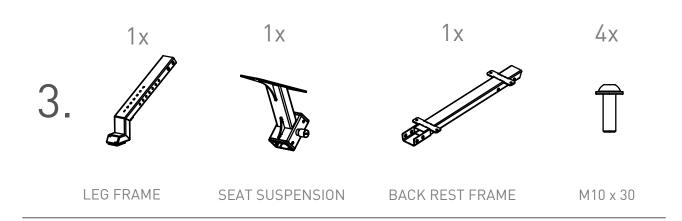


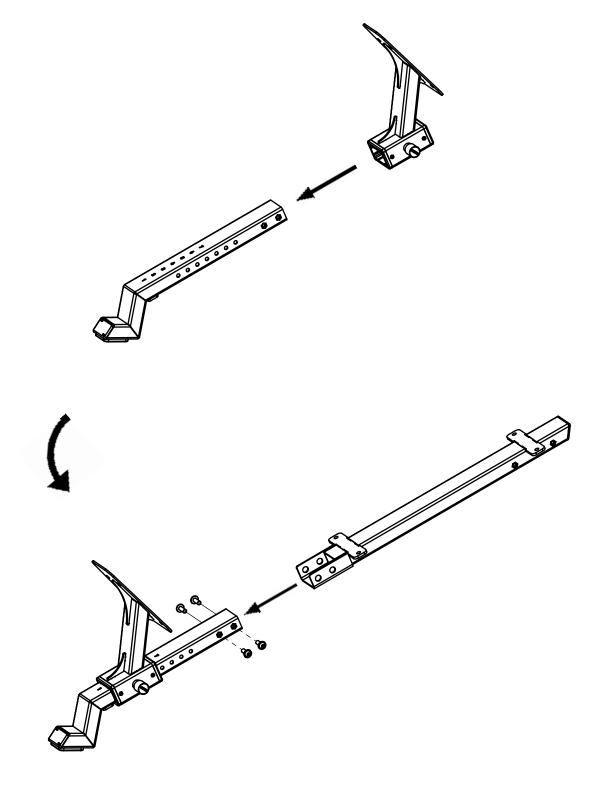


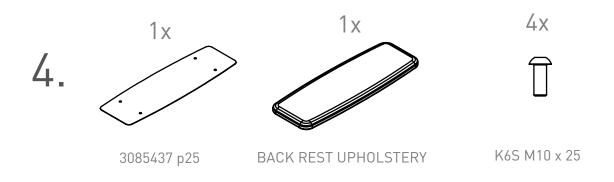
LOOSE SCREWS!



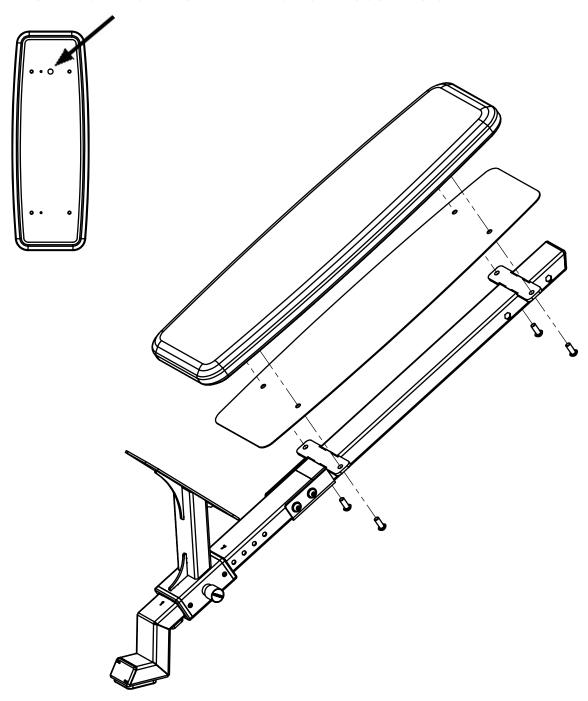






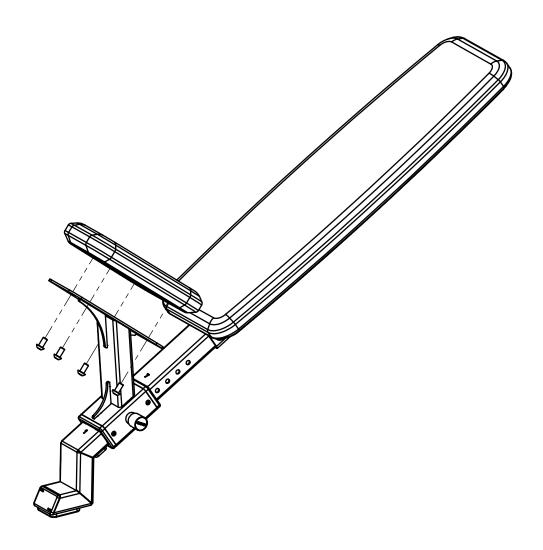


THIS END OF BACK REST AWAY FROM SEAT SUSPENSION!



TURN 3085437 p25 S0 THAT HOLE PATTERN MATCHES PERFECTLY!

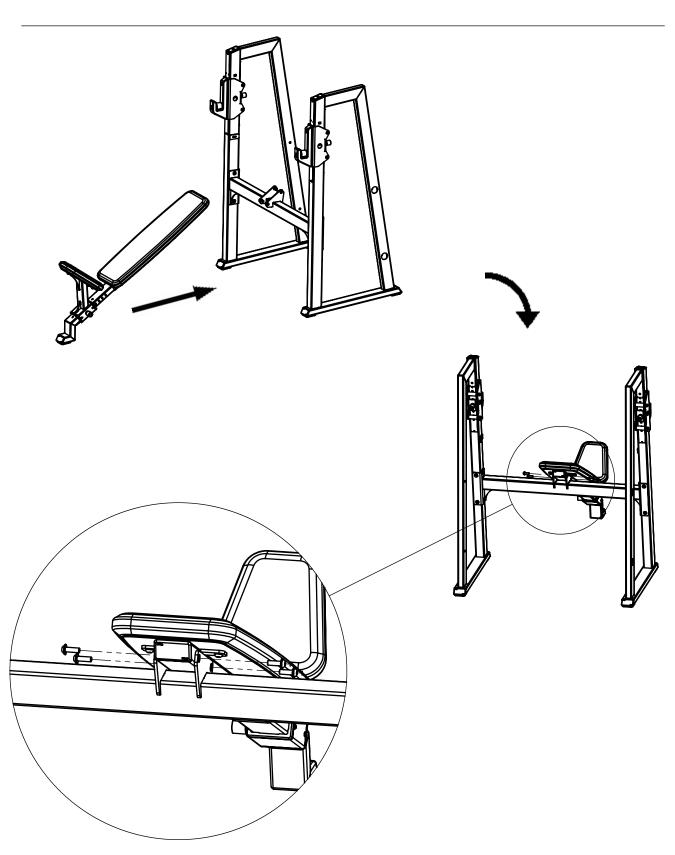


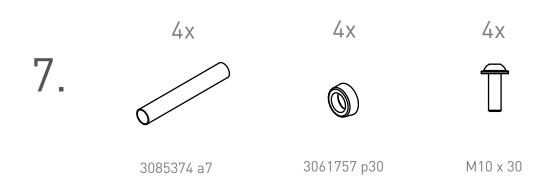


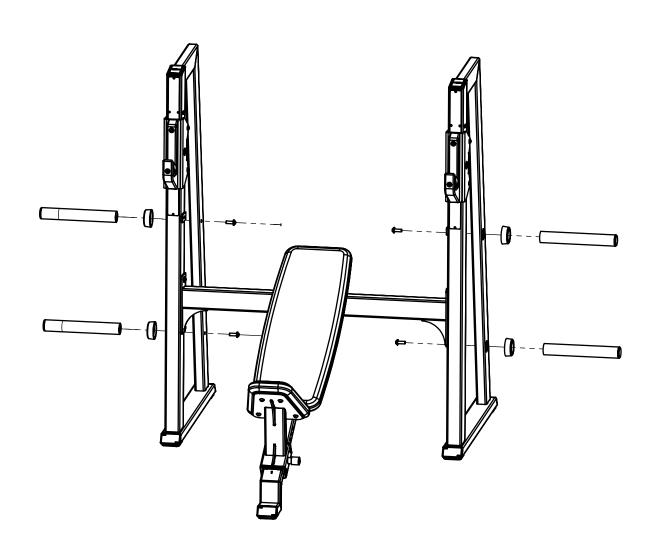
6.



M10 x 30







TIGHTEN ALL SCREWS!

USER GUIDE

PURPOSE

The unit is designed to be used for a variety of bench press excersises from a inclined bench position.

GENERAL INSTRUCTIONS FOR USE

- 1. Ideally use a barbell that meets or is IWF/IPF-certified.
- 2. Never stand on the pad and never put the barbell on the cushion.

PRODUCT SPECIFICATION

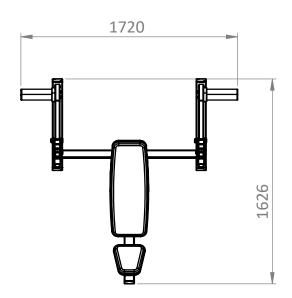
Max user weight 150 kg / 330 lbs

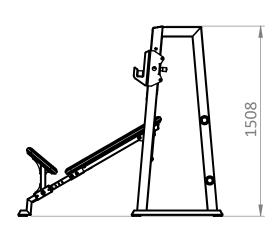
Max training weight 350 kg / 770 lbs

Product weight 85 kg / 187,4 lbs

Dimensions (L x W x H) 1626 x 1720 x 1508 mm

64,02 x 67,72 x 59,37"





CARE AND MAINTENANCE

PREVENTIVE MAINTENANCE AND INSPECTIONS

NOTE: The safety level of the equipment can only be maintained if it is examined regularly for damage and wear.

Daily:

· Cleaning of upholstery.

Regularly:

- · Clean surfaces on the frames and tubes from dust and dirt.
- \cdot Check that all bolts between parts, walls and floors are properly tightened, according to recommendations.
- · Check equipment for sharp edges. Replace parts with sharp edges.
- \cdot Check equipment structural frames and welds to ensure they are free from cracks, irregularities or any other abnormalities. If in doubt, consult an Eleiko representative before product use.

Cleaning and Care:

- · Apply a mild soap detergent to a lint free cloth, then wipe down product surface.
- · While it is safe to use an alcohol-based neutral pH7 solution on surface-treated steel elements of the benches and racks, take care to avoid pads and cushions.
- · We recommend alcohol-free, bleach-free, and o-phenylphenol (OPP) ammonia-free wipes.

See also www.eleiko.com.

SPARE PARTS AND SERVICE

Contact Eleiko for spare parts and service:

Eleiko Group AB | Klastorpsvägen 18 | SE-302 62 HALMSTAD | Sweden E-mail: info@eleiko.com | Phone: +46 35 17 70 70 www.eleiko.com

WARRANTY

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and / or materials under normal use or service as follows:

- \cdot 10 years on structural frame welds (NOT on moving parts).
- \cdot 1 year on wear and tear parts.
- \cdot 1 year on polyurethane upholstery.
- · 6 months on skai-leather upholstery.

Normal wear and tear do not fall under the 10-year warranty.

